

# Grey Matter

## November 23



### Newsletter of the Greythorn Probud Club

Post: PO Box 85, Balwyn North, 3104

Email: [info@greythornprobud.org.au](mailto:info@greythornprobud.org.au)

[Web: http://www.greythornprobud.org.au](http://www.greythornprobud.org.au)

#### Stu's Script



The November sun certainly has some welcome warmth after some very nippy mornings and cold days. I hope you are all feeling well and looking forward to the festive season and the rest of 2023.

I was fortunate to have been one of the travellers to the Blue Mountains. Twenty-one people made up our party. We were joined by four ladies from the Probud Club of Camberwell. Joining in a group from another club is a great way to enhance your Probud experience. As usual, Judy Brophy worked hard and organised our trip. Travelling with the Group Link company certainly assures a quality experience. If you haven't been on a trip with the club, look out for future opportunities.

Try some new activities in the few remaining months of this Probud year. Future musical mornings at the recently opened "The Round" in Nunawading will be excellent in a quality setting. What about attending our film morning and lunch after the movie?

We are still keen to have new faces join our committee for next year. Talk to Russ or me. We need your talents and I'm sure you will enjoy the experience. Also, please invite friends and acquaintances to attend our club's general meetings. Our club needs to keep regenerating.

Our Corio Bay day trip and our large Christmas lunch will certainly be future highlights. Do you have any contacts who could make a donation or gift that we could use as a prize at our Christmas lunch? Contact Margaret Cox or Barbara Van Woerkom with details. Stay safe and healthy, have fun and pick a few winners.

*Stuart Williams, President*

It's (almost) time to celebrate another wonderful year with our Greythorn Probud Members at our

## ANNUAL CHRISTMAS LUNCH!

**Tuesday 12th December**

**12 noon**

**GREENACRES GOLF CLUB**

51 Elm Grove, Kew East

Join us for a fun day and a 3 course meal!

**MEMBERS COST \$60. (SUBSIDISED)**

**NON MEMBERS \$85**

**PAYMENT BY NOVEMBER 21 PLEASE!**

Any special dietary requirements please advise Barbara or Margaret ASAP.

If you intend coming please add your name to the list at the general meeting.

When paying for this event please notify the Acting Treasurer and both Convenors Barbara Van Woerkom and Margaret Cox, by email please!



**General Meeting****Tuesday 14 November**

at the North Balwyn Uniting Church Hall,  
Duggan Street, North Balwyn, commencing at  
10:00am

**Speaker**

**Stephanie Fliegner**  
(Greythorn Probus Member)



**Topic:** *My Displaced Journey—over 27 years—  
from Poland to Australia*

The life and times of Stephanie—a long time Greythorn club member.

Some members may have heard part of her presentation (12 years ago she recalls).

Stephanie has kindly agreed to share her extended story with us.

**November Birthdays**

Judy Bailey	6
Peggy Johnson	9
Diane Robinson	9
Roy Price	11
Peter Phelan	12
Liz Jericho	17
Pene Whiteley	17
Angela Johns	17
Kay Creek	22
Phillip Pitsikas	24
Pam Essery	24
Robin Williams	25
Janet Cook	27

**NOVEMBER EVENTS**

Solo	2 Nov
Scrabble	6 Nov
<b>Committee Meeting (Wednesday)</b>	<b>8 Nov</b>
Canasta	8 Nov
Yarra Glen Races	9 Nov
<b>General Meeting</b>	<b>14 Nov</b>
Gardens—Warratina Lavender Farm	16 Nov
3rd Sunday Lunch	19 Nov
Walking for Enjoyment	20 Nov
Film & Lunch	21 Nov
Zoy Frangos <i>Variations</i> —The Round	22 Nov
Discussion Group	No Discussion Group
Book Groups	23 Nov
Creative Pursuits	27 Nov
Investors	No Investors Group
Corio Bay Lunch Cruise	28 Nov
<b>Grey Matter December copy</b>	<b>30 Nov</b>
<b>Early December</b>	
Scrabble Christmas Lunch	4 Dec
Committee Meeting	5 Dec
Theatre: <i>The Joy of Christmas</i>	6 Dec
Book Club 1	6 Dec
Solo	7 Dec

**WELFARE**

Summer is almost upon us and the end of a very busy and successful year is fast approaching.

Our continued best wishes go to Cath Origlasso who is slowly getting out and about once more.

It would seem that you are all well and enjoying life as I have had no reports of ill health this month, so keep up the good work.

Joan Teele

Our thanks to Boroondara for their support of our club and its activities





## Solo

Thursday 2 November 7.30 pm

Host was Joan Teele.

Thursday 7 December 12.00pm

**CHRISTMAS LUNCH.** Hosted by Anne and Peter Harman at 12 Noon.

**Convenor:** Denise Powell

## Scrabble

Monday 6 November 1:30pm

Host was Judy Brophy.

Monday 4 December at 12.30 pm.



Host Elaine Provan

This is our **CHRISTMAS LUNCH AND GAME.** Please let Elaine know by Friday 1 December if attending.

**Convenor:** Glenys Chalk

## Canasta

Wednesday 8 November, 2:00 pm

Host was Mary Marshall.

Wednesday 13 December 6.00 pm

(Note Time Change)

### OUR CHRISTMAS BREAKUP!

At the home of Judy Brophy.  
Please advise Judy if attending at the November Meeting.



**Convenor:** Ann Price

## Garden Appreciation

Thursday 16 November

**Warratina Lavender Farm, 105 Quayle Rd., Wandin North**



We will car pool from the Balwyn Leisure Centre leaving at 10:00am to be at the farm and ready for the tour by 11:00am.



The lavender fields will be in bloom. The tour includes the private garden and a tour of the processing shed— not operating at this time of the year. A lavender ice cream is also included—you won't want to miss that!!

The cost of the tour is \$12.50 pp payable on the day.

Lunch is at the on-site Tawney Frogmouth Café. There are 2 options for lunch:

Soup followed by Devonshire scones & tea or coffee

Quiche followed by Devonshire scones & tea or coffee  
All freshly made on site. The soup option costs \$27.50; the quiche option costs \$30. Both entry and lunch can be paid together by cash or credit card after the talk.



Thursday 14 December

### Garden & Creative Pursuits CHRISTMAS LUNCH

**Warran Glen Nursery Café 12:30pm**

Warran Glen Nursery & Café is at 373-383 Ringwood Warrandyte Rd., Warrandyte.



Please arrange your own transport.

The nursery is decorated and replete with gifts for Christmas so will be a pleasant and useful place to browse for gift ideas.

Please record your name on the list at the November meeting.

**Convenor:** Liz Dawe

## 3rd Sunday Lunch

Sunday 19 November, 12 Noon

Venue is: The Living Room

19 Anderson Street, Templestowe.

All welcome. Please let me know if you can come by Friday 17 November

**Convenor:** Angela Johns

## Walking for Enjoyment

Monday 20 November 10am

Studley Park to Dights Falls

Meet in the carpark off Boathouse Rd  
Melway 2D F8

Coffee at Studley Park Boathouse

**Convenor** John Astle

## Discussion Group



## Film and Lunch

Tuesday November 21

Palace Theatre , Whitehorse Rd .Balwyn

FINAL FILM FOR 2023

Name and time of film available at meeting .

Please have correct money (\$12 ) in named envelope.

**Convenor:** Joan Teele

## Book Groups

Thursday, 23 November 2pm

BOOK GROUP 1

Bookgroup 1 will meet at Hawthorn Library to discuss *Before You Knew My Name* by Jacqueline Bublitz.

Wednesday, 6 December 6pm

CHRISTMAS DINNER at the Old England Hotel

**Convenor:** Patricia Nosedá

BOOK GROUP 2

*The Chancellor* by Kati Marton is the next book our group will be reading for our November 23 meeting at **Wendy Le Get's** home. Please let Wendy know on 0402 906 561 if you cannot attend.

Wednesday, 8 December 12.30pm

CHRISTMAS LUNCH at the home of Margaret Goding

**Convenor:** Margaret Goding

Walking Group enjoying morning refreshments at Carlucci, Templestowe, in October.





Creative Pursuits

Monday 27 November 2pm

Planning meeting for 2024

Host - Denise Boschetti

Please advise Denise if attending

Thursday 14 December - Christmas Break-up

See Garden Group notice for details

Our trip to the Archibald Prize at Mornington was most successful.  
Great to be so close to see details of the paintings large and small.  
Lunch at Donato Cafe was enjoyed by everyone.



The Winner—Julia Gutman *Head in the sky, feet on the ground* (Montaine)

Guess the other famous people depicted here?



Convenor: Elaine Provan:

Investors

Tuesday 28 November—No Meeting!

Because there's another all day Probus function on Tuesday 28th November, we have chosen

Tuesday 5 December  
for our END OF YEAR DINNER.



We will meet at Duniyazad Restaurant, Doncaster Rd Greythorn at 7pm. Partners welcome. Please advise Vivienne of your attendance.

Convenor: Charlie Boschetti:

THEATRE

Wednesday 22 November 11 am at The Round  
Zoy Frangos *Variations*  
This show is fully booked.

Wednesday 6 December at 11 am at The Round.  
*The Joy of Christmas.*

Join Chris McKenna and Michelle Fitzmaurice and a special guest for a wonderful Christmas musical with traditional and contemporary songs. Cost is \$20pp and must be paid by the November meeting at the latest. Coffee and cake start at 10am.

Friday 15 December at 7:30pm at James Forbes Academy *The Hunchback of Notre Dame* - while a group booking for 41 has been made it may be possible to obtain some more tickets if anyone else is interested. Cost \$45.00pp but please check with organiser.  
Organiser: Russ Dawe

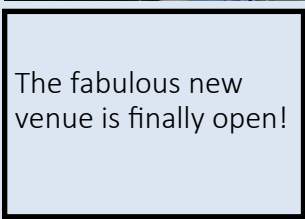
2024!

Wednesday 21 February 11am at The Round - Michael Cormick Sings Bacharach.  
In the 60's and 70's Burt Bacharach wrote an amazing 52 top forty hits. Michael Cormick, an international theatrical star will sing many classics such as Say a little prayer, I'll never fall in love again, and many more. Please note that **cost is now \$21** and must be paid by the **December meeting** at the latest. Coffee and cake starts at 10AM.

Convenor: Barbara Mathews



Our Theatre goes enjoying morning tea at the new Whitehorse Theatre - the Round!



The fabulous new venue is finally open!



## Tours and Trips

### YARRA GLEN PACING CUP/OAKS DAY

**Thursday 9th November**

**Gates & Dining Room OPEN at 11.00am.** A great day in the Yarraview Dining Room with unsurpassed views of all the action on the track & surrounding Yarra Ranges.

This activity is now closed, however you may put your name on the waiting list, in case there are cancellations.

**COST \$55.00 pp**

### CORIO BAY LUNCH CRUISE

**Tuesday 28th November . . . . . our final day trip for 2023**

**8.30am - 5.30pm**

**BUS TO CORIO BAY**, morning tea from the bus on the way. At Corio Bay we will board the **HYGEIA** for a **LUNCH CRUISE**.

This will be followed by a **GUIDED TOUR** of **THE HEIGHTS, HERITAGE HOUSE** in **NEWTOWN, GEELONG**

**COST: members \$53.00 non-members \$93.00**

**The list is full but you may add your name to the waiting list**



### **First Dine Out for 2024!!**

**Young & Jacksons**

**Thursday February 29, 2024, 12.30pm**

**1 Swanston Street**

**Melbourne**



Cost is \$38.00 for main course, cake, coffee & a glass of wine

Due to its popularity this Dine Out is now fully booked. Please add your name to the waiting list if you would like to attend.

Payment is due by January 31, 2024.

When paying for this event, please notify the **Acting Treasurer**, and both **Dine Out Conveners**

**Barbara Van Woerkom**

**Margaret Cox**

## Reports

October was another busy month for Greythorn Probus. As you glance through this publication you will notice that many outings and trips feature 'doing morning tea or lunch', two of our favourite activities! The October Garden Group outing was no exception!



The Garden Group visited the Chelsea Australian Garden, Olinda. And finished the day with a delicious lunch at Fortnum's!



### **SENIOR'S EXERCISE EQUIPMENT in VICTORIA PARK KEW in October**

A small group of Greythorn members enjoyed trying out the Senior's Exercise Equipment under the supervision of volunteers provided by Boroondara Council.

Tom Thomsett, Policy & Project Officer, Active Ageing at the Council introduced the volunteers, Roger & Kerry. & explained that the equipment can be used regularly under the supervision of the volunteers.

The aim is to improve **BALANCE, MOBILITY, STRENGTH. RANGE of MOTION & FUNCTIONAL MOVEMENT**

All participants agreed the equipment was not difficult to use & beneficial to their physical & cognitive maintenance.

**Greythorn Probus Club supported by**  
**Surrey Hills**  
**Community Bank® Branch**



**Bendigo Bank**



## Reports Cont

### THE SPECTACULAR BLUE MOUNTAINS IN OCTOBER

Early on a chilly Saturday morning 18 Greythorn members & 4 members from Camberwell set off for Melbourne Airport, Tullamarine with our guide from Group Link Travel, Belinda.

This was our first stop on our way to the Spectacular Blue Mountains.

We arrived safely in a warm, sunny Sydney where Michael, our bus driver for the week, was waiting with his large, comfortable coach.

About 5 minutes along the Great Western Highway from Glenbrook our journey was suddenly interrupted by loud tooting & wild hand signals from a passing motorist. Michael pulled onto the roadside quickly & got out to see what was happening. We soon found out we had a very flat tyre at the rear on the driver's side. Michael & Belinda were quickly on their phones organising a 'rescue bus', to transport us to Leura where we were to have lunch, because it was not known how long a tyre replacement vehicle would take to arrive.

After about 3/4 hour we were 'rescued' & off to Leura where we lunched & perused the delightful shopping village, then it was off to Katoomba with Michael, complete with new wheel.

We were met in Katoomba by a local guide, Paul. We went straight to Echo Point where that World famous view of The Three Sisters took our breath away. After looking at the sights of Katoomba we checked into our Motel, Echo Point.

Over the next 4 days we ventured all over the fabulous Blue Mountains, from speeding around the famous Mount Panorama race track at 60kph, to lunching in a 1870's Scottish Baronial Mansion, wandering around spectacular world class botanical gardens, to stepping back in time in amazing hotels, homes & historic villages. We enjoyed lovely lunches & who will forget our high tea in The Wintergarden at the Hydro Majestic Hotel, perched on the precipice of the Blue Mountains.

The Scenic Railway took us down into the Jamison Valley, where a lyrebird was glimpsed & we glided back up again on the Cableway.

Our final highlight was lunch at Doyle's in Sydney at Watson's Bay after driving over the Harbour Bridge, visiting the Domain & Bondi Beach.

A smooth flight back to Melbourne ended an exceptional week agreed by all as very enjoyable & well organised by Group Link.

**Judy Brophy**





## Some Breaking News—and a few last minute items for the newsletter!

If you missed out on trying the Seniors Exercise Park it's not too late to have a go!



### Seniors Exercise Park Come and Try sessions

The Seniors Exercise Park at Victoria Park Regional Playground in Kew features a range of outdoor exercise equipment designed to help improve balance, strength, functional movement, range of motion and mobility.

In partnership with the National Ageing Research Institute (NARI), City of Boroondara has trained a team of local volunteers to guide community members on how to use the equipment safely and effectively at free Come and Try sessions.

**When: Tuesday and Friday mornings**

**Time: 9:30am – 11:00am**

For more information call (03) 9278 4444 or email [active.ageing@boroondara.vic.gov.au](mailto:active.ageing@boroondara.vic.gov.au) to be added to the mailing list and receive further updates.

We are delivering the Seniors Exercise Park program in partnership with National Ageing Research Institute (NARI) and State Trustees Australia Foundation.



MORNINGTON  
TOURIST  
RAILWAY

Proposed Mornington Tourist Train day out on **SUNDAY 25th FEBRUARY 2024**. This will be a CAR POOLING event. BOOK EARLY - put your name on the list at November meeting or email Cath & Judy asap.

Further details at December meeting/lunch

### Our last Dine out for 2023!



A large group of happy Probus members had a great time at Geppetto Trattoria, on the last day in October. We enjoyed a delicious meal and lively company. Our longest Dine Out Lunch by far! Seemed no one wanted to leave!





## Vale Hugh Francis Marshall

*16 September 1940 to 7 October 2023*

Members who remember Hugh from the early days of Greythorn Probus attended his recent funeral at St Dominic's Church Camberwell.



Hugh was a Foundation Member and as a popular Committee member organised many enjoyable activities over many years. His "Fun Times with Hugh" and 2 very successful houseboat trips on the Murray are not easily forgotten.

Hugh was a very active and involved Club member until ill health prevented him from attending Club activities.

Our sympathy and best wishes go to Mary and his daughters and their families.

## Subscriptions and payments

Direct Debit (EFT) **BSB 633 000**  
**Account No. 168 764 322**

Please always insert your **name** and the **event** in the message/reference area. Also email the relevant **convenors**, and the **Acting Treasurer, Robert Van Woerkom**, advising the activity(ies) you have paid for into the club account.

**We urgently need another member to step up and take on the role of Treasurer.**

**NO TREASURER WILL MEAN NO ACTIVITIES!**

# Nelson Alexander

**Estate Agents**  
**278 High Street,**  
**Kew 3101**

Call Christopher Ewart 0419 897 979 or our office on 9854 8888. [cewart@nelsonalexander.com.au](mailto:cewart@nelsonalexander.com.au)

## FORWARD PLANNING 2023

For all activities, please check with your organizer/convenor. There may be occasional changes to times, dates and venues.

### DECEMBER ACTIVITIES

Scrabble Christmas Lunch & Game	4 Dec
<b>Committee meeting</b>	<b>5 Dec</b>
Investors Dinner	5 Dec
Theatre: <i>The Joy of Christmas</i>	6 Dec
Book Club 1 Christmas Dinner	6 Dec
Solo Christmas Lunch	7 Dec
Book Club 2 Christmas Lunch	8 Dec
<b>Club's Christmas Lunch @Green Acres</b>	<b>12 Dec</b>
Canasta Breakup	13 Dec
Gardens & Creative Group Lunch	14 Dec
Theatre: <i>The Hunchback of Notre Dame</i>	15 Dec
Walking Group	18 Dec
Grey Matter January Copy	1 Jan

### AND TO START 2024 WITH A BANG!!

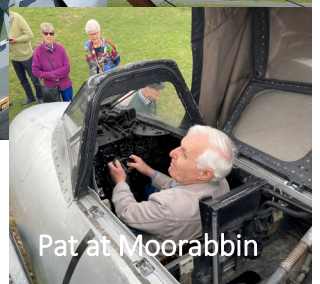
Come and pop a bottle of bubbly at the 'traditional' Greythorn picnic in Ruffey Lake Park, Doncaster  
Enter from the Boulevard, off George Street.

**16 JANUARY 12.30PM**

## Veronica at Lilydale airport!



Veronica and Pat –the dynamic flying duo!



Pat at Moorabbin

## DECEMBER GREY MATTER

Thank you to Russ for taking such good care of the newsletter during my trip to France. An excellent job as usual!

Please send articles/photos etc for the December newsletter to me by **Thursday 30 November** at the latest. This will be the last newsletter for 2023!

**Jan Wedekind-Coffey**